

SRI LANKA · RAMAYANA TRAIL ITINERARY

Ramayana Trail

The itinerary our Gujarati groups ask for most: temples and sites across Sri Lanka identified with Sita, Hanuman and Ravana, woven into the same hill-country and coastal route so nothing feels like a detour.

6 nights / 7 days

Route: **Colombo – Kelaniya – Kandy – Nuwara Eliya (Ashok Vatika) – Ella (Ravana Falls) – Bentota (Munneswaram) – Colombo**

From ₹92,000 per person, indicative

Day by day

Day

1

COLOMBO → KELANIYA → KANDY

Arrive and the first temple

Land in Colombo and drive out towards Kandy, stopping first at Kelaniya Raja Maha Vihara (10 km from the airport road), one of Sri Lanka's most sacred Buddhist sites and, in local tradition, a place Ravana is said to have worshipped. Continue to Kandy (115 km total, about 3.5 hours from Colombo) with a stop at Pinnawala Elephant Orphanage. Check in by evening.

Stay: **Kandy** · Meals: **Dinner**

Day

2

KANDY

Temple of the Tooth and cultural show

Morning at the Temple of the Sacred Tooth Relic (dress code enforced: shoulders and knees covered, shoes removed at the entrance). Afternoon at Peradeniya Botanical Garden. Evening Kandyan cultural dance show, followed by the temple's evening puja around 6:30 pm for those who want to see it.

Stay: **Kandy** · Meals: **Breakfast, Dinner**

Day
3

KANDY → NUWARA ELIYA

Ashok Vatika

Drive to Nuwara Eliya (80 km, 3 hours) via a tea factory tour. The main stop of the day is the Seetha Amman Temple at Seetha Eliya, built where Sita is believed to have been held during her captivity — note the yellow-flecked riverbed stones locals point to as Hanuman's footprints. Continue to Hakgala Botanical Gardens, identified by tradition with Ashok Vatika, Ravana's pleasure garden.

Stay: **Nuwara Eliya** · Meals: **Breakfast, Dinner**

Day
4

NUWARA ELIYA → ELLA

Ravana country

Drive to Ella (75 km, about 3 hours) through tea country. En route or on arrival, stop at Ravana Falls, a wide cascade said to be where Ravana hid Sita, and Ravana Cave, a rock cavern in the hills above associated with the same legend. Afternoon walk up Little Adam's Peak (1.5 hours return) for the view over the valley.

Stay: **Ella** · Meals: **Breakfast, Dinner**

Day
5

ELLA → BENTOTA

Nine Arch Bridge and down to the coast

Early morning at the Nine Arch Bridge to catch the 9:30 am train crossing, then descend to Bentota (200 km, about 5.5 hours) via Ratnapura. Break the journey with a stop at Munneswaram Temple near Chilaw if time allows on this leg, or reschedule it for day 6 depending on timing — our driver-guide will advise on the day.

Stay: **Bentota** · Meals: **Breakfast, Dinner**

Day
6

BENTOTA

Munneswaram and the coast

Visit Munneswaram Temple, an ancient Shiva temple near Chilaw where, in local tradition, Rama is said to have prayed to atone for killing Ravana. Return to Bentota for beach time, the Kosgoda turtle hatchery release at sunset, and a last evening by the sea. Galle Fort is a possible half-day add-on if the group prefers it to a full beach day.

Stay: **Bentota** · Meals: **Breakfast, Dinner**

Day
7

BENTOTA → COLOMBO → AHMEDABAD

Fly home

Drive to Colombo airport (140 km, about 2.5 hours). If time permits before an evening flight, a stop at Gangaramaya Temple in Colombo. Fly out via your connecting city to Ahmedabad.

Stay: — · Meals: **Breakfast**

Inclusions

Included

- + Return Ahmedabad–Colombo flights (one-stop)
- + ETA visa processing
- + 6 nights in inspected 3★/4★ hotels
- + Private AC vehicle with driver-guide familiar with the Ramayana-trail route
- + Daily breakfast and veg dinner
- + All temple and site entries named in the itinerary

Not included

- Lunches on sightseeing days
- Cultural show and Nine Arch Bridge train-viewing are free to view but the Kandy show ticket is extra
- Travel insurance
- GST and any local puja/donation costs at temples

Indicative cost

STANDARD

₹92,000–1,10,000

Per person, twin sharing

PREMIUM

₹1,30,000–1,60,000

Per person, twin sharing

Per person on twin sharing, indicative for 2026, including flights, visa, hotels and vehicle. Popular with groups of 15–30 travelling together around Diwali and the winter school-holiday window; book 8–10 weeks ahead for those dates. All prices on this document are indicative for 2026 and confirmed in writing at the time of booking.

Good to know

Getting there. Fly: there are no non-stop flights from Ahmedabad. The usual routing is Ahmedabad–Mumbai–Colombo or Ahmedabad–Chennai–Colombo or Ahmedabad–Bengaluru–Colombo, connecting on IndiGo, Air India or SriLankan Airlines, total travel time about 5–6 hours depending on the layover. Book the connection with at least 2 hours' gap.

Food. Colombo, Kandy and Nuwara Eliya each have Indian vegetarian restaurants used to Gujarati groups — we route dinners through these where the itinerary allows. Jain meals (no onion, garlic or root vegetables) can be arranged by most hotels on request; tell us at the time of booking so it is confirmed in writing with each property.

Permits and rules. No separate permits are needed for any of the sites on this route beyond the ETA visa. Temple of the Tooth and other Buddhist temples enforce a dress code: shoulders and knees must be covered (no shorts, sleeveless tops or short skirts), and shoes are removed before entering — carry socks if you prefer not to walk barefoot on stone floors. Photography is generally allowed in temple courtyards but restricted or requires a separate ticket inside some shrine rooms and at the Dambulla cave paintings; flash photography is not allowed near Buddha statues, and turning your back to a Buddha statue for a photograph is considered disrespectful.

Pack

- Light cottons for Colombo, Bentota and Sigiriya (28–32°C)

- A light jacket or shawl for Nuwara Eliya evenings (12–15°C in winter)
- Modest clothing for temples — a stole or scarf solves the shoulders/knees rule quickly
- Comfortable walking shoes for Sigiriya's 1,200 steps and the Little Adam's Peak climb
- Socks for temples where shoes come off on stone or hot pavement
- Sunscreen, cap and mosquito repellent
- A small day bag for temple visits where large bags are not allowed inside

Want this booked properly?

Send this PDF to us on WhatsApp with your dates and the number of travellers. Hotel names and a firm price within 24 hours.

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WhatsApp · Mon–Sat 10 am – 7 pm